

Consider these resources to help improve your colonoscopy performance.

Area of Improvement	Resources
<p><b>Colonoscopy Technique</b></p> <p><i>(Indicator(s): outpatient polypectomy and/or outpatient cecal intubation)</i></p>	<p>American Society for Gastrointestinal Endoscopy education videos</p> <p>Specifically (enter video title in Search field):</p> <ul style="list-style-type: none"> <li>• Colonoscopy Technique: Basic and Advanced 2<sup>nd</sup> Edition (DV055) (full video strongly recommended)</li> <li>• Colonoscopic Polypectomy 2nd Edition (DV056) <ul style="list-style-type: none"> <li>Part 1: Polypectomy Fundamentals (recommended: first 1hr 32min)</li> <li>Part 2: Section on clipping, tattooing and retrieval (recommended: 53min to 1hr 14min)</li> </ul> </li> </ul> <p><a href="https://bit.ly/2Rf0H7L">https://bit.ly/2Rf0H7L</a></p> <hr/> <p>Canadian Association of Gastroenterology (CAG) Skills Enhancement for Endoscopy (SEE™) program</p> <p><a href="http://cag-acg.org/skills-enhancement-for-endoscopy">cag-acg.org/skills-enhancement-for-endoscopy</a></p> <hr/> <p>CAG SEE™ program – Hands-On Polypectomy Course</p> <p><a href="https://www.cag-acg.org/see-polypectomy-registration">https://www.cag-acg.org/see-polypectomy-registration</a></p> <hr/> <p>CAG SEE™ program – Colonoscopy Skills Improvement Vignettes: <a href="https://www.cag-acg.org/quality/see-program">https://www.cag-acg.org/quality/see-program</a></p> <p>(scroll to bottom of page)</p> <hr/> <p>CAG Polyp Detection Module: Evidence-based Practice to Improve Adenoma Detection - an EndoED module by C.M. Walsh, S.C. Grover and M.A. Scaffidi:</p> <p><a href="http://cag-acg.org/publications/tools-promotional-materials">cag-acg.org/publications/tools-promotional-materials</a> (scroll to Other Tools &amp; Materials)</p> <hr/> <p>Practical Gastrointestinal Endoscopy: The Fundamentals (2008) by P. Cotton and C. Williams</p> <p><a href="http://amzn.to/1PVWO0Y">amzn.to/1PVWO0Y</a> (Chapter 6: Colonoscopy)</p>

Area of Improvement	Resources
<p><b>Bowel Preparation</b></p> <p><i>(Indicator(s): inadequate bowel preparation)</i></p>	<p>Bowel Preparation Patient Information Sheet</p> <p><a href="https://www.qmpontario.ca/resources/">https://www.qmpontario.ca/resources/</a> (click on 'Colonoscopy Resources')</p> <p>This information sheet was developed based on the <i>Bowel Preparation Selection Best Practice Guidelines</i> (see below). It is meant to support physicians in providing information to patients about bowel preparation.</p> <hr/> <p>Bowel Preparation Selection Best Practice Guidelines</p> <p><a href="https://www.qmpontario.ca/resources/">https://www.qmpontario.ca/resources/</a> (click on 'Colonoscopy Resources')</p> <p>Includes:</p> <ul style="list-style-type: none"> <li>• A decision guide that visually depicts the logic of bowel preparation selection for different patient scenarios.</li> <li>• A table summarizing more comprehensive information on additional aspects of bowel preparation including dosing, diet and hydration recommendations for adequate bowel preparation before a colonoscopy.</li> </ul>
<p><b>Appropriate colonoscopy intervals</b></p> <p><i>(Indicator(s): Percentage of colonoscopies with recent normal findings)</i></p>	<p>Leddin, D., Enns, R., Hilsden, R., Fallone, C. A., Rabeneck, L., Sadowski, D. C., &amp; Singh, H. (2013). Colorectal cancer surveillance after index colonoscopy: Guidance from the Canadian Association of Gastroenterology. <i>Canadian Journal of Gastroenterology</i>, 27(4), 224–228.</p> <p><a href="https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3742480/">https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3742480/</a></p>
<p><b>Personalized guidance on improving your overall colonoscopy performance</b></p>	<p>Contact your regional lead (see below for contact information).</p>

**Need this information in an accessible format?**

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1. Erie St. Clair	Dr. Elizabeth Haddad	<a href="mailto:ehaddad@ckha.on.ca">ehaddad@ckha.on.ca</a>
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CPD credits for completing a learning plan can be claimed under Section 3: Practice Assessment (three credits per hour). Time spent receiving feedback and reflecting on the feedback can also be included. For more information visit: <http://www.royalcollege.ca/rcsite/cpd/maintenance-of-certification-program-e>.